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Title: CROSSLINKING IN POLYSACCHARIDE AND PROTEIN FILMS - A REVIEW

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**Abstract:** The development of food packaging films based on proteins or polysaccharides has been motivated by their biodegradable and renewable characteristics. On the other hand, protein and polysaccharide films have usually poor physico-mechanical performance when compared to their petroleum-derived counterparts. One of the main drawbacks of those films is their water sensitivity, which usually results in their immediate dissolution when in contact with water, limiting their applications for food packaging purposes. One of the main techniques for polymer modification is crosslinking, which consists of linking polymer chains by covalent or noncovalent bonds, forming tridimensional networks with reduced mobility and usually enhanced water resistance as well as mechanical and barrier properties. The main crosslinking agents and mechanisms which have been used for protein and polysaccharide films are reviewed, as well as some possible applications for food packaging.

**Dr. Rickey Yada, Editor**  
**Trends in Food Science and Technology**

Dear Dr. Yada:

Crosslinking is a promising technique to improve the performance and applicability of biopolymers films as food packaging materials, especially concerning their high water sensitivity which hinders many of their potential applications for food packaging purposes. Crosslinking reduces the mobility of the polymer structure and usually enhances its mechanical and barrier properties as well as its water resistance.

The enclosed manuscript, "Crosslinking in polysaccharide and protein films – a review", is a summary of published data on the main crosslinking agents and systems which have been used for protein and polysaccharide films, focused on their mechanisms, applications, effects, and limitations. Please consider it for publication in Trends of Food Science and Technology.

Sincerely,

Henriette Azeredo

Researcher - Embrapa Labex Programme

Norwich, UK

1 **CROSSLINKING IN POLYSACCHARIDE AND PROTEIN FILMS - A**

2 **REVIEW**

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## 9 **Abstract**

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12 other hand, protein and polysaccharide films have usually poor physico-  
13 mechanical performance when compared to their petroleum-derived  
14 counterparts. One of the main drawbacks of those films is their water sensitivity,  
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19 networks with reduced mobility and usually enhanced water resistance as well as  
20 mechanical and barrier properties. The main crosslinking agents and  
21 mechanisms which have been used for protein and polysaccharide films are  
22 reviewed, as well as some possible applications for food packaging.

23 Keywords: biopolymers; water solubility; tensile properties; chemical crosslinking;  
24 physical crosslinking.

## 25 **Introduction**

26 Crosslinking is the process of linking polymer chains by covalent or noncovalent  
27 bonds, forming tridimensional networks (Balaguer, Gómez-Estaca, Gavara, &

28 Hernández-Muñoz, 2011). Chemical crosslinking results from covalent bonding  
29 between polymer chains accomplished by irradiation, sulfur vulcanization, or  
30 chemical reactions (Bhattacharya & Ray, 2009), while physical crosslinking  
31 involves noncovalent bonds, such as ionic interactions, hydrogen bonds or  
32 hydrophobic interactions (Hennink & van Nostrum, 2012; Ostrowska-Czubenko &  
33 Gierszewska-Druzynska, 2009). Crosslinking may be intra- or intermolecular  
34 (Figure 1), and it is one of the prime techniques for polymer modification, apart  
35 from grafting, blending, and composite formation (Bhattacharya & Ray, 2009).

36 Crosslinking is especially useful for biopolymer materials, such as those derived  
37 from proteins or polysaccharides. Those kinds of materials have been widely  
38 studied because of their biodegradable and renewable characteristics. Their eco-  
39 friendly appeal makes them interesting for short-lived applications such as food  
40 packaging. On the other hand, biopolymer films have usually poor physico-  
41 mechanical performance when compared to their petroleum-derived  
42 counterparts, limiting their practical applicability. One of the main drawbacks of  
43 biopolymer films is their high water sensitivity, making them to disintegrate when  
44 in contact with water, or to have their mechanical and barrier properties impaired  
45 because of water absorption and swelling (Sebti, Delves-Broughton, & Coma,  
46 2003). Crosslinking reduces the mobility of the polymer structure and usually  
47 enhances its mechanical and barrier properties as well as its water resistance  
48 (Balaguer et al., 2011), reducing both its water solubility (Carvalho & Grosso,  
49 2004; Menzel et al., 2013) and swelling (Boanini, Rubini, Panzavolta, & Bigi,

50 2010). Moreover, it makes the structure more resistant to heat and light,  
51 improves dimensional stability, and chemical and solvent resistance. Crosslinking  
52 also leads to a decrease in free volume, which results in an increase of glass  
53 transition temperature (Bhattacharya & Ray, 2009). Crosslinking reactions may  
54 also retard the biodegradation of materials, as reported by some authors  
55 (Martucci & Rusecaite, 2009; Rimdusit, Jingjid, Damrongsakkul, Tiptipakorn, &  
56 Takeichi, 2008).

57 The most common crosslinking agents are symmetrical bifunctional compounds  
58 with reactive groups with specificity for functional groups present on the matrix  
59 macromolecules (Balaguer et al., 2011). Chemical cross-linking is frequently  
60 used to improve the performance and resistance of biopolymer films.  
61 Nevertheless, many cross-linking agents may leave toxic residues. Since  
62 biopolymers are commonly used for applications which require low toxicity (such  
63 as food packaging, sometimes including edible films and coatings), many studies  
64 have been focused on non-toxic crosslinking agents.

65 Crosslinking reactions are more commonly applied to proteins than to  
66 polysaccharides, since proteins have more functional groups. Gelatin has been  
67 especially studied as a matrix biopolymer to be subjected to crosslinking,  
68 because of the large number of its functional side groups (Boanini et al., 2010).  
69 Moreover, chemical crosslinking of gelatin avoids the physical crosslinks  
70 occurring during renaturation and formation of triple helices during gel formation  
71 (Carvalho & Grosso, 2004).

72 This review is a summary of the main crosslinking agents and mechanisms which  
73 have been used for protein and polysaccharide films, and which may be applied  
74 to food packaging systems.

## 75 **Crosslinking agents and mechanisms**

76 Several crosslinking agents have been used for proteins and polysaccharides,  
77 differing in mechanisms, specificities, and effects. Aldehydes are probably the  
78 most commonly used crosslinkers for protein films. However, there have been  
79 concerns about the toxicity of aldehyde residues remaining in the films, which  
80 could be a problem in case of their migration for food products (Chiou et al.,  
81 2006). So, other nontoxic or less toxic crosslinking agents have been studied,  
82 which are better alternatives for food packaging applications.

### 83 **Aldehyde crosslinking agents**

84 Aldehydes, particularly formaldehyde and glutaraldehyde, are widely used  
85 crosslinkers since they are relatively inexpensive and react quickly with amine  
86 groups in proteins. Formaldehyde (HCHO) is the simplest crosslinking agent and  
87 has the broadest reaction specificity. Although it contains just one functional  
88 group, it can crosslink with proteins by a two-step process (Figure 2), the first  
89 step corresponding to the formation of the methylol compound, and the second  
90 one corresponding to formation of methylene bridges between protein chains

91 (Audic & Chaufer, 2005). Glutaraldehyde is more specific, reacting with lysine,  
92 cysteine, histidine and tyrosine (Hernández-Muñoz, Villalobos, & Chiralt, 2004).  
93 Protein crosslinking by glyoxal involves lysine and arginine side chain groups  
94 (Marquié, 2001) at alkaline pH.

95 Farris, Song, & Huang (2010) investigated the functional groups involved in  
96 gelatin crosslinking with glutaraldehyde. At high pH (close to lysine  $pK_a$ ), the  
97 reaction was reported to be mainly governed by the Schiff's base formation with  
98  $\epsilon$ -amine groups of protein side chains, whereas at low pH (when amine groups of  
99 lysine are protonated), the reaction may also involve the formation of hemiacetals  
100 with hydroxyl groups of hydroxyproline and hydroxylysine.

101 Cinnamaldehyde has been presented by Balaguer et al. (2011) as a naturally  
102 occurring, less toxic aldehyde to be used as a crosslinker. The crosslinking  
103 reaction between cinnamaldehyde and gliadins was found to have an optimum  
104 pH of 2. The cinnamaldehyde action was ascribed to the formation of  
105 intermolecular covalent bonds between "monomeric" gliadins, producing a  
106 polymerized network. The authors suggested the participation of noncovalent  
107 and disulfide bonds to stabilize the structure of the crosslinked films.

108 Effects usually reported from crosslinking protein films with aldehydes include  
109 enhanced water resistance (Audic & Chaufer, 2005), which has been ascribed by  
110 Zárate-Ramírez et al. (2014) to a reduced molecular space available for water  
111 molecules to penetrate the matrix; improved barrier properties (Hernández-

112 Muñoz, Kanavouras, Lagaron, & Gavara, 2005; Balaguer, Cerisuelo, Gavara, &  
113 Hernández-Muñoz, 2013); and positive changes in tensile properties (Audic &  
114 Chaufer, 2005; Sun, Song, & Zheng, 2007).

115 Crosslinking reactions between amine groups of proteins (or chitosan) and  
116 aldehydes have been evidenced by FTIR, by the formation of a peak associated  
117 with imine (C=N) stretching vibration (Singh, Narvi, Dutta, & Pandey, 2006; Yue,  
118 Cui, Shuttleworth, & Clark, 2012).

### 119 **Disulfide crosslinking of proteins**

120 Disulfide bonds (Figure 3) are a common type of naturally occurring crosslinks in  
121 proteins. They can be induced via enzymatic catalysis, mechanical mixing, or  
122 heat treatment, and consist of oxidation of sulfhydryl groups of two adjacent  
123 cysteine residues in a protein, forming inter- and intermolecular bonds which lead  
124 to the formation of a protein network, positively affecting gelling properties and  
125 heat stability (Buchert et al., 2010).

126 Hernández-Muñoz, Kanavouras, Villalobos, & Chiralt (2004) added cysteine to  
127 gliadin film forming solutions to promote interchain disulfide bonds. Cysteine-  
128 treated gliadin films presented improved water resistance and a more rigid  
129 structure when compared to a control gliadin film. The polymerization of gliadins  
130 via the formation of intermolecular disulfide bonds was evidenced by sodium

131 dodecyl sulfate – polyacrylamide gel electrophoresis (SDS-PAGE), by the  
132 formation of protein aggregates at the top of the separation gel.

133 Zhao et al. (2012) described another crosslinking reaction which is not based on  
134 the formation of disulfide bonds, but also contains disulfide bonds. Alginate was  
135 crosslinked with cysteine dimethyl ester or cystamine with di-terminated amine  
136 groups by a condensation reaction of carboxyl and amine groups (Figure 4), in  
137 the presence of 1-methyl-3 (3-dimethylaminopropyl) carbodiimide (EDC), which  
138 activated the alginate carboxyl groups. The FTIR spectra presented evidence for  
139 the amidation of carboxylic groups, by the formation of sharp peaks at 1637 and  
140  $1568\text{ cm}^{-1}$ , corresponding to the amide I band, C=O stretching, and amide II  
141 band, N-H bending, respectively. Also  $^1\text{H}$  NMR corroborated the formation of  
142 crosslinks by presenting resonance peaks at 2.8 ppm and 3.25 ppm, ascribed to  
143 methylene protons of cystamine.

#### 144 **Oxidized polysaccharides**

145 Periodate oxidation specifically cleaves vicinal glycols in polysaccharides,  
146 forming their dialdehyde derivatives (Dawlee, Sugandhi, Balakrishnan, Labarre,  
147 & Jayakrishnan, 2005), which have received attention as protein crosslinkers.  
148 The aldehyde groups can form crosslinks by C=N linkages (Schiff's base  
149 formation) with  $\epsilon$ -amine groups of protein side chains (Balakrishnan, Mohanty,  
150 Umashankar, & Jayakrishnan, 2005; Mu, Guo, Li, Lin, & Li, 2012), as shown in  
151 Figure 5. The degree of oxidation has been reported to affect the number of C=N

152 groups and the consequent benefits on physical properties (Guo, Ge, Li, Mu, &  
153 Li, 2014). The extent of crosslinking can be determined by quantifying  
154 uncrosslinked  $\epsilon$ -amine groups of the protein by UV spectrometry before and after  
155 the reaction (Boanini et al., 2010).

156 Several dialdehyde polysaccharides have been proven effective crosslinkers on  
157 gelatin, such as alginate dialdehyde (Balakrishnan et al., 2005; Boanini et al.,  
158 2010), dialdehyde starch (Martucci & Ruseckaite, 2009), dialdehyde  
159 carboxymethylcellulose (Mu et al., 2012), oxidized xanthan gum (Guo et al.,  
160 2014). The crosslinked structures presented reduced water solubility (Martucci &  
161 Ruseckaite, 2009) and water uptake (Martucci & Ruseckaite, 2009; Mu et al.,  
162 2012), improved barrier (Guo et al., 2014; Martucci & Ruseckaite, 2009) and  
163 tensile properties (Guo et al., 2014; Mu et al., 2012) as well as thermal stability  
164 (Guo et al., 2014). Guo et al. (2014) observed that the oxidation of xanthan gum  
165 improved the film barrier against UV light while having little effect on visible light  
166 transmission, keeping film transparency.

167 However, Guo et al. (2014) reported degradation of xanthan gum backbone  
168 resulting from the progressive periodate oxidation, indicating that highly oxidized  
169 xanthan gum might behave somehow as short chain aldehydes. This degradation  
170 ultimately resulted in impaired tensile properties of films, probably because it  
171 retarded interactions and entanglement between polymer chains.

172 The presence of amine groups in chitosan make it also suitable for crosslinking  
173 with oxidized poly- or oligosaccharides, as reported by Gómez-Mascaraque,  
174 Méndez, Fernández-Gutiérrez, Vázquez, & San Román (2014) and Zhang,  
175 Qadeer, & Chen (2011) using oxidized dextrans and dextrans, respectively.  
176 Gómez-Mascaraque et al. (2014) developed hydrogel networks based on  
177 agarose and chitosan using oxidized dextrans as crosslinking agents for chitosan.  
178 The stiffness of the materials was strongly affected by the oxidation degree of the  
179 crosslinker.

## 180 **Phenolic acids**

181 Several natural phenolic compounds derived from plants have been used as  
182 crosslinkers to modify protein films, proline-rich proteins such as gelatin being  
183 especially susceptible (Ozdal, Capanoglu, & Altay, 2013). Several potential  
184 interactions may be involved, including covalent as well as noncovalent bondings  
185 (Zhang et al., 2010).

186 The postulated main chemical pathway (Figure 6) involves oxidization of diphenol  
187 moieties of phenolic acids or other polyphenol, under alkaline conditions,  
188 producing quinone intermediates which react with nucleophiles (mainly amine or  
189 sulfhydryl side chains of proteins) to form covalent C-N or C-S bonds with the  
190 phenolic ring (Ou, Wang, Tang, Huang, & Jackson, 2005; Strauss & Gibson,  
191 2004). The regenerated hydroquinone can be reoxidized and bind another  
192 polypeptide chain, resulting in a crosslink. Alternatively, two quinones, each

193 carrying one polypeptide chain, can dimerize to produce a crosslink (Strauss &  
194 Gibson, 2004). Zhang et al. (2010) found evidence to crosslinking by high-  
195 resolution NMR via investigation on small molecular model systems or using <sup>13</sup>C  
196 enriched caffeic acid (LCA) in the reaction with gelatin, confirming reactions  
197 between the phenolic groups of the phenolic acids and the amino groups in  
198 gelatin to form C - N covalent crosslinks.

199 Aewsiri, Benjakul, Visessanguan, Wierenga, & Gruppen (2010) reported two  
200 types of crosslinking between gelatin and tannic acid. Unoxidized tannic acid  
201 (TA) formed non-covalent interactions with gelatin at pH 7, whereas oxidized  
202 tannic acid (OTA) formed covalent bonds with gelatin at pH 9. Different non-  
203 covalent interactions may have occurred, such as hydrogen bonds between  
204 hydroxyl groups of TA and polar carbonyl groups of gelatin, and hydrophobic  
205 interactions between aromatic rings of TA and the hydrophobic side chain of  
206 gelatin (Aewsiri et al., 2010; Ozdal et al., 2013). The covalent bonding probably  
207 occurred between electrophilic quinone (oxidized form of tannic acid) and  
208 nucleophilic amine groups of lysine. Non-covalent interaction produced a higher  
209 degree of tannic acid incorporation into gelatin than covalent bonding, as  
210 evidenced by a lower free amine group content, and higher contents of phenolic,  
211 hydroxyl and aromatic groups by FTIR, as well as higher antioxidant activity.

212 Ou et al. (2005) added different concentrations of ferulic acid (FA) to soy protein  
213 isolate film forming solutions. An optimal FA concentration (1 wt% on a dry basis)  
214 improved tensile properties of films. The water vapor permeability of films was

215 decreased by oxidized ferulic acid (OFA), but it was unaffected by the unoxidized  
216 FA. The crosslinking was evidenced by a much longer absorbance wavelength  
217 for the peak of ferulic acid-protein than for the components alone.

218 Moreover, FA is also a natural crosslinker for polysaccharides. In wheat, FA  
219 esterifies the C-5 hydroxyl group of some arabinose residues of arabinoxylans  
220 (Barberousse et al., 2009). FA is sometimes oxidatively coupled at 5-5 of the  
221 aromatic rings to form dehydrodiferulates, and this dimerization of  
222 polysaccharide-bound ferulates (Figure 7) is a known crosslinking mechanism  
223 (Buranov & Mazza, 2008). However, no reports have been found relating this  
224 mechanism in polysaccharide films, except by films including chitosan (Mathew &  
225 Abraham, 2008), which, thanks to its amine groups, is crosslinked by the same  
226 mechanism described to proteins.

227 The addition of 5 wt% OFA to starch-chitosan films reduced their water vapor  
228 permeability and oxygen permeability in about 19% and 75%, respectively, and  
229 increased their tensile strength in 50%. At higher OFA concentrations, however,  
230 films exhibited phase separation, which impaired some physical properties. FTIR  
231 studies indicated interactions between chitosan amine groups and hydroxyl  
232 groups of starch and ferulic acid.

233 Some studies have described phenolic acids acting rather as film plasticizers  
234 instead of crosslinking agents. Arcan & Yemenicioglu (2011) reported that gallic  
235 and ferulic acids remarkably decreased the tensile strength and increased the

236 elongation of zein films. Similarly, Hager, Vallons, & Arendt (2012) observed that  
237 gallic acid had a plasticizing effect rather than the expected crosslinking effect on  
238 gluten films.

239 Besides acting as crosslinkers, phenolic acids are also antioxidant agents.  
240 Actually, their antioxidant properties, combined to their oxygen barrier enhancing  
241 capacity by effect of crosslinking, may act together to help reduce oxidation  
242 reactions in foods (Fabra, Hambleton, Talens, Debeaufort, & Chiralt, 2011).

### 243 **Enzymatic crosslinking**

244 Enzymatic crosslinking of biopolymers is an attractive option because of the  
245 specificity of enzymes and mild reaction conditions needed. The crosslinking can  
246 be a result of direct enzymatic catalysis of crosslink formation or can occur  
247 indirectly by enzymatic production of a crosslinking agent, such as H<sub>2</sub>O<sub>2</sub>, which in  
248 turn is able to oxidize reactive structures with subsequent crosslink formation  
249 (Buchert et al., 2010).

250 Microbial transglutaminase (TGase) catalyzes acyl transfer reactions between  $\gamma$ -  
251 carboxamide groups of glutamine residues (acyl donor) and  $\epsilon$ -amine groups of  
252 lysine residues (acyl receptor), forming  $\epsilon$ -( $\gamma$ -glutamyl) lysine intra- and  
253 intermolecular crosslinkings into food proteins (Bae et al., 2009), as shown in  
254 Figure 8. The degree of crosslinking can be measured by reaction of 2,4,6-  
255 trinitrobenzenesulfonic acid (TNBS) with primary amino groups of the protein to

256 detect the absorbance of noncrosslinked groups by UV spectroscopy (Carvalho  
257 & Grosso, 2004; Yi, Kim, Bae, Whiteside, & Park, 2006).

258 TGase was reported by Carvalho & Grosso (2004) to significantly reduce the  
259 water vapor permeability (WVP) and the water solubility of gelatin films. Yi et al.  
260 (2006) presented TGase crosslinking as a practical way to improve the  
261 applicability of fish gelatin films (whose overall performance is usually poorer  
262 than those of mammalian gelatins), increasing gelatin solution viscosity, and  
263 improving tensile strength, oxygen permeability, and thermal stability of films.

264 Jin & Zhong (2013) incorporated soy protein-coated montmorillonite (MMT) as  
265 intercalated nanofillers to a soy protein matrix biopolymer, and used TGase to  
266 crosslink proteins. There was a drastic increase in storage modulus ( $G'$ ) in  
267 treatments including MMT and TGase, suggesting the occurrence of crosslinking  
268 between proteins coating MMT and those in the continuous phase.

269 Laccase is an oxidoreductase which catalyzes one-electron oxidations in  
270 aromatic amines and phenols, resulting in radicals that may undergo  
271 polymerization. It is a useful enzyme for polymerizing and crosslinking phenolic  
272 structures, requiring only oxygen as a co-substrate and displaying both  
273 ligninolytic and polymerizing activities on lignin (Oinonen, Areskog, &  
274 Henriksson, 2013). A process involving laccase-catalyzed crosslinking of lignin  
275 bound to high molecular weight hemicelluloses (galactoglucomannans) was

276 presented by Oinonen et al. (2013), which resulted in improved tensile properties  
277 of galactoglucomannan films.

## 278 **Alginic acid**

279 Alginic acid is a major structural polysaccharide of some brown seaweeds,  
280 consisting of a linear anionic copolymer of 1,4 linked  $\beta$ -D-mannuronic acid (M)  
281 and 1,4 linked  $\alpha$ -D-guluronic acid (G) arranged as homopolymeric (GG or MM) or  
282 heteropolymeric (GM) blocks (Mitra et al., 2011b). Alginic acid was demonstrated  
283 by Mitra et al. (2011b) to crosslink with collagen by multiple intermolecular  
284 hydrogen bonding, and by covalent amide bonds between carboxyl groups of  
285 alginic acid amine groups of collagen (Figure 9). The formation of  $-\text{CONH}$   
286 (amide) bonds was evidenced by a number of changes on FTIR spectra.

## 287 **Polycarboxylic acids**

288 Compounds containing at least two carboxyl groups are able to interact ionically  
289 with amine groups of two different chains. Oxalic acid has been reported to  
290 crosslink to amine groups of chitosan (Melina, Heuzey, & Begin, 2006) and  
291 collagen (Mitra, Sailakshmi, Gnanamami, & Mandal, 2011a). Figure 10 presents  
292 a scheme of the crosslinking between a dicarboxylic acid and a protein.

293 Moreover, di- and polycarboxylic acids have been reported to form hydrogels with  
294 polysaccharides. Citric acid (CA) has been used in several studies (Bonilla,

295 Talón, Atarés, Vargas, & Chiralt, 2013; Coma, Sebti, Pardon, Pichavant, &  
296 Deschamps, 2003; Olsson, Hedenqvist, Johansson, & Järnström, 2013a) as a  
297 crosslinking agent for polysaccharide films. One of the advantages of using CA  
298 as a crosslinker is that any unreacted CA is not only nutritionally acceptable but it  
299 can also act as a plasticizer, as reported by Shi et al. (2008). The proposed  
300 crosslinking mechanism (Figure 11) is attributed to covalent intermolecular di-  
301 ester formation between hydroxyl groups of the polysaccharide and two carboxyl  
302 groups of the crosslinker (Hashem, Sharaf, El-Hady, & Hebeish, 2013; Olsson et  
303 al., 2013a). The presence of an ester bond can be revealed by FTIR by the  
304 formation of a carbonyl peak around  $1725\text{-}1738\text{ cm}^{-1}$  (Coma et al., 2003;  
305 Dastidar & Netravali, 2012; Demitri et al., 2008), attributed to carbonyl stretching  
306 related to anhydride formation, which is an intermediary reaction for the  
307 crosslinking (Demitri et al., 2008).

308 Some studies have reported the use of a catalyst such as sodium hypophosphite  
309 (Reddy & Yang, 2010), which supposedly weaken the hydrogen bonding  
310 between carboxylic acid groups, increasing the speed of formation of the cyclic  
311 anhydride intermediate (Sauperl & Stana-Kleinschek, 2010). However, Coma et  
312 al. (2003) did not observe significant effects of the catalyst on the reaction.

313 The crosslinking reaction has been reported to be favored by a high temperature  
314 curing process on the dried films (Coma et al., 2003; Dastidar & Netravali, 2012;  
315 Olsson et al., 2013a, 2013b). Dastidar & Netravali (2012) observed that starch

316 films crosslinked with malonic acid presented more ester bonds and less  
317 unreacted malonic acid after being cured at 120°C.

318 Wang, Ren, Li, Sun, & Liu (2014) observed two different (sometimes apparently  
319 inconsistent) effects from CA in polyvinyl alcohol/xylan films. When added at  
320 concentrations of up to 10%, it acted as a crosslinker, but further increases in CA  
321 concentrations from 10% to 50% resulted in decreased tensile strength and  
322 sharply increased elongation, characterizing a plasticizing effect of CA. On the  
323 other hand, the water vapor permeability of the films kept decreasing with  
324 increasing of CA contents, which is consistent with a crosslinking effect.

325 A series of studies has been conducted on the effects of with different CA  
326 concentrations at different temperatures on barrier and solubility properties of  
327 starch films (Menzel et al., 2013; Olsson et al., 2013a, 2013b). Olsson et al.  
328 (2013a) observed that the water vapor permeability of starch-based films  
329 decreased with increasing CA contents (up to 30% CA), and that a curing  
330 treatment (at 150°C for 10 min) on the dried crosslinked films improved the CA  
331 effect on barrier properties. Menzel et al. (2013) reported that increasing  
332 concentrations (up to 30%) of CA as a crosslinker increased the degree of  
333 crosslinking and decreased the water solubility of starch films, and that a  
334 significant crosslinking of starch films was possible even at a relatively low  
335 temperature (70°C), although the degree of crosslinking had increased at higher  
336 temperatures. Olsson et al. (2013b) focused on the two concurrent reactions  
337 promoted by CA affecting starch molecular weight and consequent starch film

338 properties – hydrolysis and crosslinking. They demonstrated that the hydrolysis  
339 reaction was more strongly affected by pH changes than the crosslinking, and  
340 that starch-coated papers presented minimum water vapor permeability when the  
341 starch coating solution had pH 4, which corresponds to a point where hydrolysis  
342 was hindered while a significant degree of crosslinking still occurred.

### 343 **Genipin**

344 Genipin, a naturally occurring low-toxicity crosslinker, is an aglycone derivative  
345 from an irinoid glycoside (geniposide) present in fruits of *Gardenia jasminoides*  
346 Ellis, a traditional Chinese herbal medicine (Ma, Tang, Yin, Yang, & Qi, 2013;  
347 Nickerson, Patel, Heyd, Rousseau, & Paulson, 2006). It is obtained by enzymatic  
348 hydrolysis with  $\beta$ -glucosidase (Nickerson et al., 2006). Genipin covalently binds  
349  $\epsilon$ -amine groups thorough a nucleophilic substitution reaction (Nickerson et al.,  
350 2006) which produces a dark-blue coloration (Pujana, Pérez-Álvarez, Iturbe, &  
351 Katime, 2013). The proposed mechanism for the crosslinking reaction is  
352 summarized in Figure 12.

353 The appearance and intensity of a peak at 605 nm in UV-vis spectra (blue  
354 pigment) may be considered as an evidence for the crosslinking reaction (Pujana  
355 et al., 2013). The degree of crosslinking can also be estimated as the difference  
356 between the number of free  $\epsilon$ -amine groups before and after reaction (Cui, Jia,  
357 Guo, Liu, & Zhu, 2014). FTIR spectra can provide evidence for the crosslinking

358 reaction as well; an increased intensity of C-N band at  $1078\text{ cm}^{-1}$  at the expense  
359 of the C-O band at  $1026\text{ cm}^{-1}$  was considered by Cui et al. (2014) as evidence for  
360 the formation of heterocyclic compounds of genipin crosslinked to polymers.

361 Genipin crosslinking was used by Ma et al. (2013) to retard the release of  
362 lysozyme from gelatin films, suggesting its usefulness for a controlled release of  
363 active compounds from crosslinked matrices.

#### 364 **Ionic crosslinking between polyuronates and divalent cations**

365 Pectin and alginate (both polyuronates) are characteristic examples of ionic  
366 polysaccharides forming crosslinking upon addition of divalent cations such as  
367  $\text{Ca}^{2+}$  (Fang et al., 2008). Alginates, extracted from brown algae, are block  
368 copolymers of guluronic (G) and mannuronic (M) acids, which are present in the  
369 linear macromolecule in homopolymeric M-blocks and G-blocks, as well as  
370 blocks of alternating sequence (Fang et al., 2008; Russo, Malinconico, &  
371 Santagata, 2007). Pectins, a major structural component of cell walls composed  
372 of galacturonic acid residues, are classified as high methoxyl pectins (HMP) or  
373 low methoxyl pectins (LMP), depending on more or less than 50% of their  
374 carboxyl groups being methyl esterified, respectively (Silva, Bierhalz, &  
375 Kieckbusch, 2009). Similarly to alginates, LMP form gel with divalent cations  
376 (Fang et al., 2008; Silva et al., 2009).

377 Calcium induced gelation results from interactions between calcium ions and  
378 uronate blocks (guluronate and galacturonate in alginate and pectin,  
379 respectively). The resulting chain-chain associations constitute junction zones,  
380 which have been represented by the so called “egg-box” model (Figure 13).  
381 However, the random distribution pattern of galacturonate groups in pectin  
382 generates some “defects” during the formation of egg-box structures when  
383 compared to the blockwise distribution pattern of alginate (Fang et al., 2008).  
384 This may be the reason why Galus & Lenart (2013) observed that crosslinked  
385 LMP film networks were less organized than crosslinked alginate films, as  
386 evidenced by microscopic images.

387 Other authors have described the formation of crosslinked films from divalent  
388 cation treatment of alginate (Olivas & Barbosa-Cánovas, 2008; Rhim, 2004;  
389 Russo et al., 2007), LMP (Kang, Jo, Lee, Kwon, & Byun, 2005) or alginate and  
390 LMP composites (Silva et al., 2009).

### 391 **Polyelectrolyte complexes**

392 Polyelectrolyte complexes (PECs) may be formed between cationic and anionic  
393 polyelectrolytes. A well-known example is the PEC formed by ionic bonds  
394 between carboxylate groups of the anionic alginate and ammonium groups of the  
395 cationic chitosan (Ostrowska-Czubenko & Gierszewska-Druzynska, 2009),  
396 according to the scheme presented in Figure 14. The PEC formation was  
397 confirmed by water solubility tests, which revealed that, while pure alginate and

398 pure chitosan films were highly soluble, the PEC film presented low water  
399 solubility (Ostrowska-Czubenko & Gierszewska-Druzynska, 2009). Moreover,  
400 those authors reported some changes in FTIR spectra providing additional  
401 evidences for the PEC formation, namely, a slight downshift of the symmetric  
402 stretching vibration of carboxylate group ( $1415\text{ cm}^{-1}$ ) band, and a new band at  
403  $1635\text{ cm}^{-1}$  (antisymmetric N-H deformation) indicating the formation of  $\text{-NH}_3^+$   
404 ions. On the other hand, Lawrie et al. (2007) reported no significant changes in  
405 band position of the carbonyl vibrations from alginate upon interaction with  
406 chitosan. Two new bands have been described by Lawrie et al. (2007) to have  
407 resulted from the chitosan-alginate interactions: one at  $1710\text{ cm}^{-1}$  ascribed to  
408 protonation of carboxylate groups of alginate, and another at  $1530\text{ cm}^{-1}$  due to  
409 partial protonation of amine groups of chitosan.

#### 410 **Crosslinking of film-reinforcing cellulose whiskers**

411 Cellulose nanocrystals (CNC), also known as cellulose whiskers (CW), have  
412 been increasingly used as a reinforcing phase in polymer nanocomposite films.  
413 Goetz, Mathew, Oksman, Gatenholm, & Ragauskas (2009) described the  
414 development of nanocomposite films wherein CW were crosslinked to  
415 poly(methyl vinyl ether-co-maleic-acid) (PMVEMA) and polyethylene glycol  
416 (PEG). The crosslinking of CW with PMVEMA and PEG occurred via an  
417 esterification reaction between the hydroxyl groups on the cellulose, terminal  
418 hydroxyl groups of PEG and the carboxylic acid groups on the PMVEMA. The

419 films, formed by curing the three components at high temperature, were reported  
420 to be capable of absorbing up to about 900% water without losing its structural  
421 integrity, forming a stable hydrogel which could be used for food packaging  
422 applications. The crosslinking formation was evidenced by an ester peak at 1734  
423  $\text{cm}^{-1}$  on FTIR spectra of samples previously treated with NaOH (to remove the  
424 influence of unreacted carboxylic acid groups).

## 425 **Final considerations**

426 Crosslinking is a promising technique to improve the performance and  
427 applicability of protein and polysaccharide films as food packaging materials,  
428 especially concerning their usual water sensitivity which hinders many of their  
429 potential applications for food packaging purposes. Many types of crosslinking  
430 agents and mechanisms have been used, with different applications, effectivities,  
431 and limitations. Some aldehydes are especially effective, but their use in food  
432 packaging systems has been avoided because of concerns about migration of  
433 aldehyde residues to food products. Less toxic compounds have thus been  
434 studied as alternative crosslinking agents for food packaging applications.  
435 However, effort is still needed to scale up biopolymer processing and crosslinking  
436 techniques from the experimental to industrial level and to assure their practical  
437 applications.

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675

676 **Figure 1.** Schematic diagram of intermolecular (A) and intramolecular (B)  
677 crosslinking.

678 **Figure 2.** Crosslinking between formaldehyde and  $\epsilon$ -amine group of a protein.  
679 (Modified from Audic & Chaufer, 2005).

680 **Figure 3.** Scheme of a disulfide bond.

681 **Figure 4.** Crosslinking of alginate with cystine or cystamine. (Modified from Zhao  
682 et al., 2012).

683 **Figure 5.** Scheme of the periodate oxidation of a polysaccharide and the Schiff's  
684 reaction between a protein and dialdehyde polysaccharide. (Modified from Mu et  
685 al., 2012).

686 **Figure 6.** Reactions between a phenolic acid and amine side chains of proteins.  
687 (Modified from Strauss & Gibson, 2004).

688 **Figure 7.** (A) Structure of ferulic acid. (B) Covalent diferulate cross-link between  
689 polysaccharides. (Modified from Buranov & Mazza, 2008).

690 **Figure 8.** Cross-linking reaction catalyzed by TGase. (Modified from Rachel &  
691 Pelletier, 2013).

692 **Figure 9.** Scheme of covalent bonding between alginic acid and a protein.  
693 (Modified from Mitra et al., 2011b).

694 **Figure 10.** Ionic crosslinking between a dicarboxylic acid and a protein. (Modified  
695 from Mitra et al., 2011a).

696 **Figure 11.** Proposed mechanism for covalent crosslinking between a  
697 dicarboxylic acid and a polysaccharide. (Modified from Hashem et al., 2013).

698 **Figure 12.** Summarized proposed mechanism for the crosslinking between  
699 genipin and a protein. (Modified from Yoo et al., 2011).

700 **Figure 13.** Ionotropic gelation by interaction between anionic  $\text{COO}^-$  groups on  
701 alginate and divalent metal ions ( $\text{Ca}^{2+}$ ). (Modified from Sun et al., 2012).

702 **Figure 14.** The PEC formed between chitosan and alginate. (Source: Ostrowska-  
703 Czubenko & Gierszewska-Druzynska, 2009).

704

705

**Submission checklist**

One author has been designated as the corresponding author with contact details:

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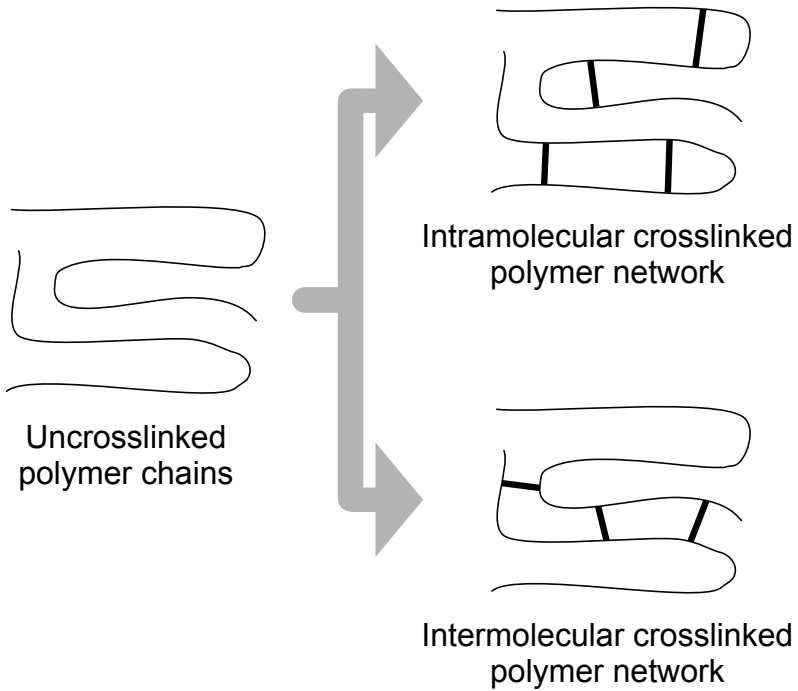
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**Figure 1**



**Figure 2**

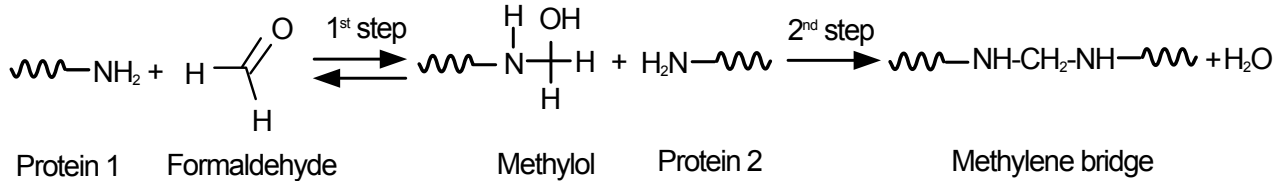
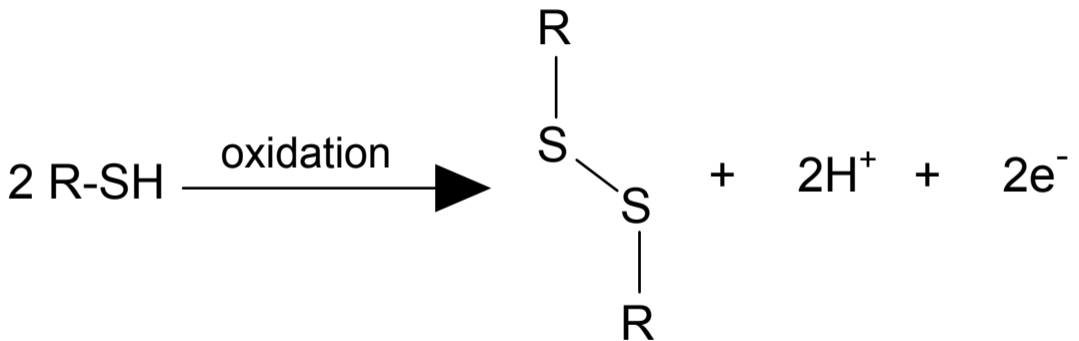


Figure 3



**Figure 4**

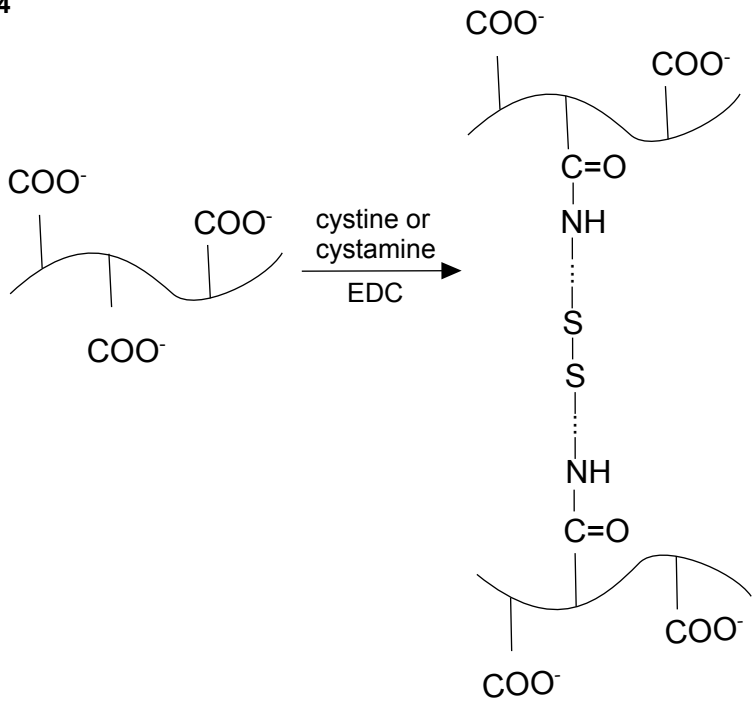


Figure 5

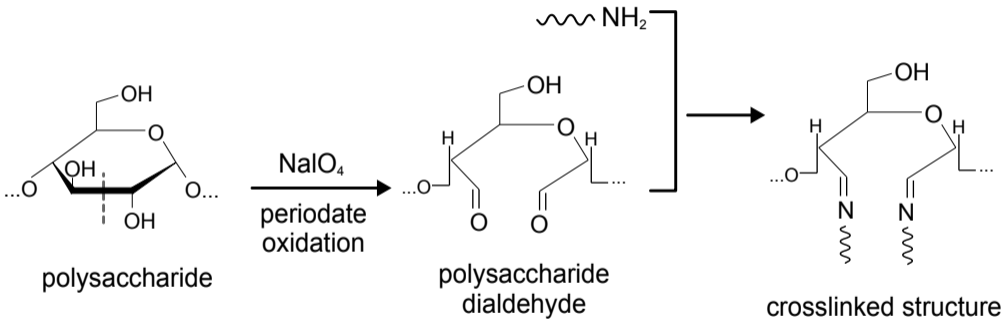
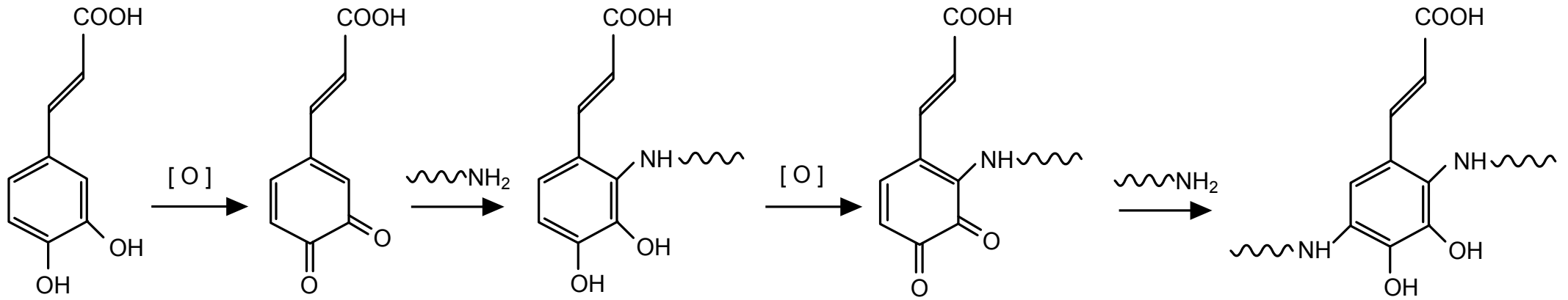
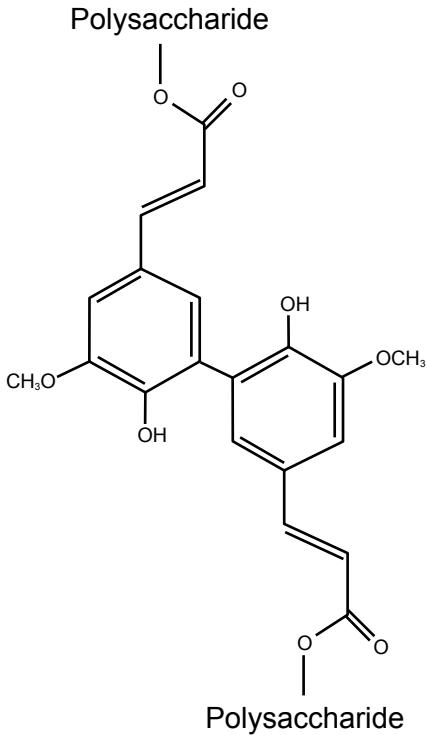
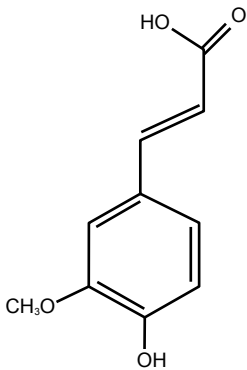


Figure 6



**Figure 7**



**Figure 8**

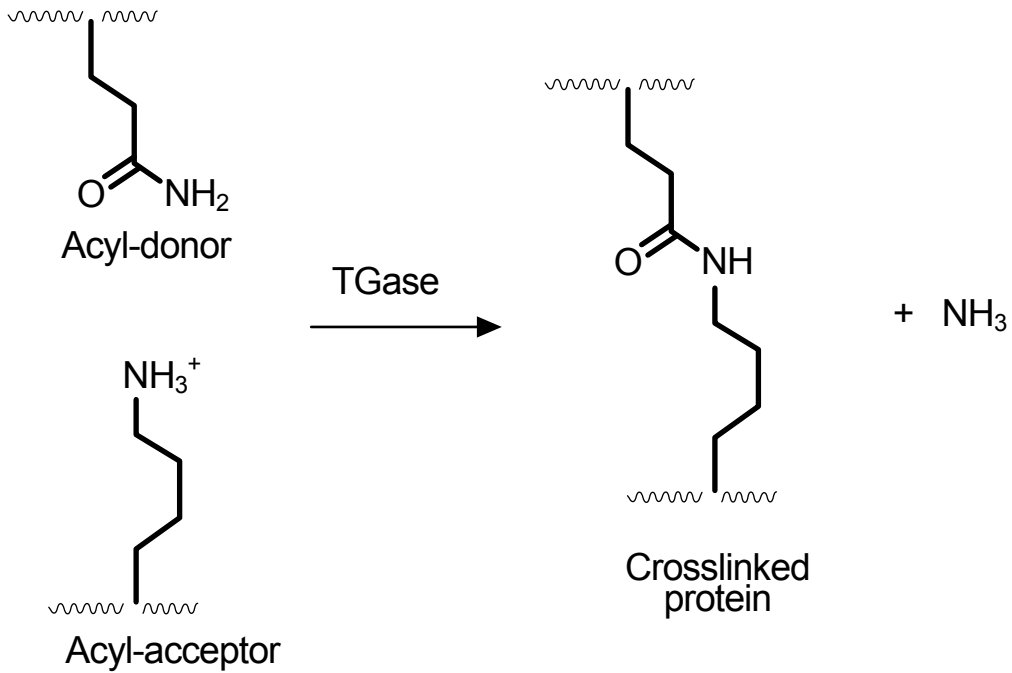


Figure 9

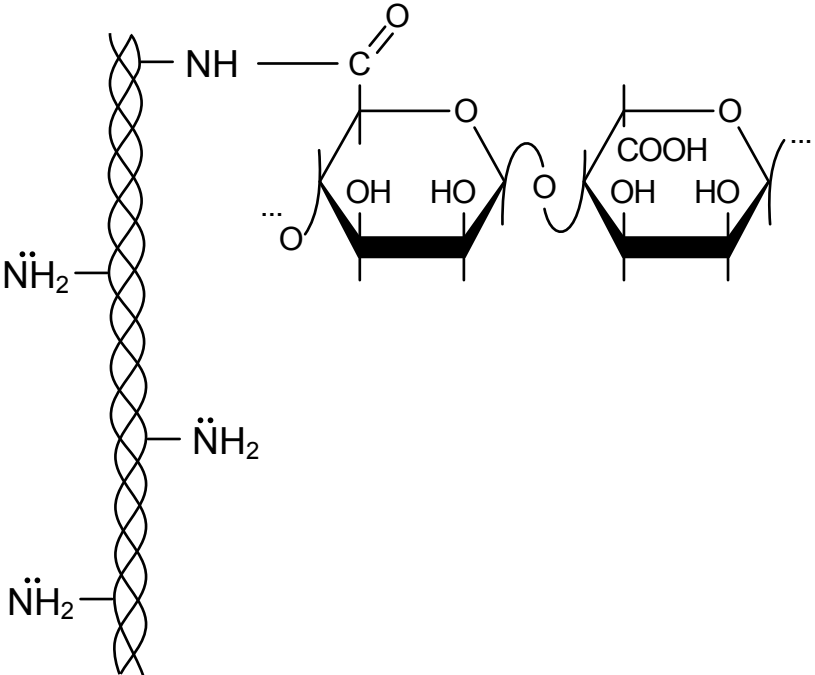


Figure 10

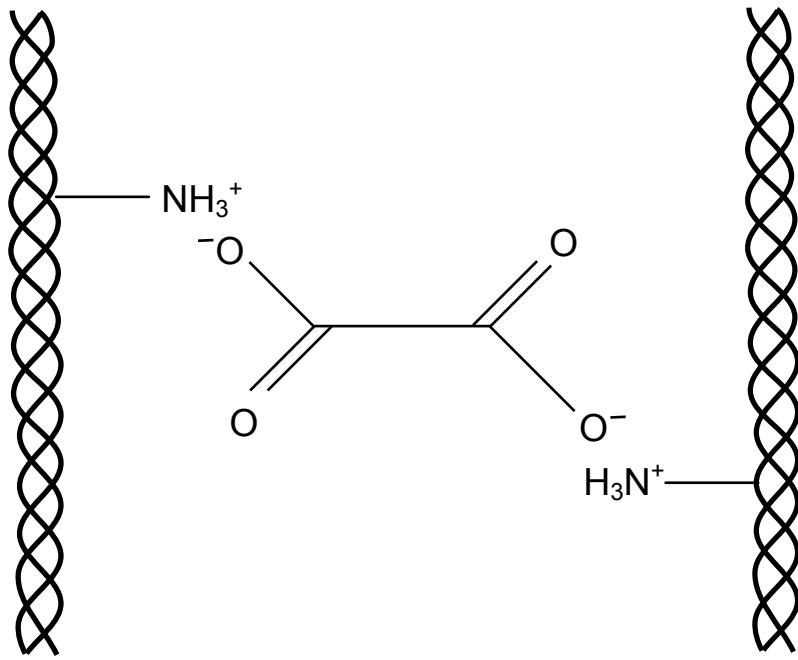


Figure 11

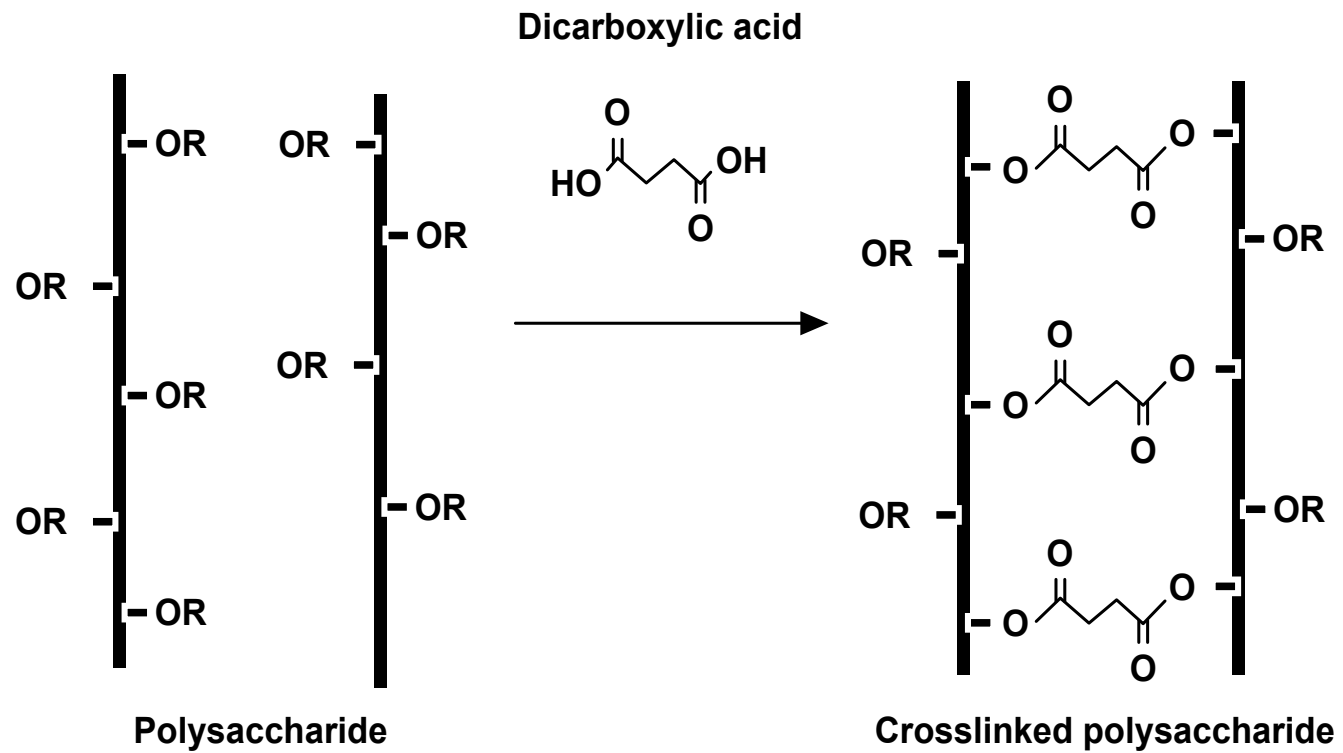


Figure 12

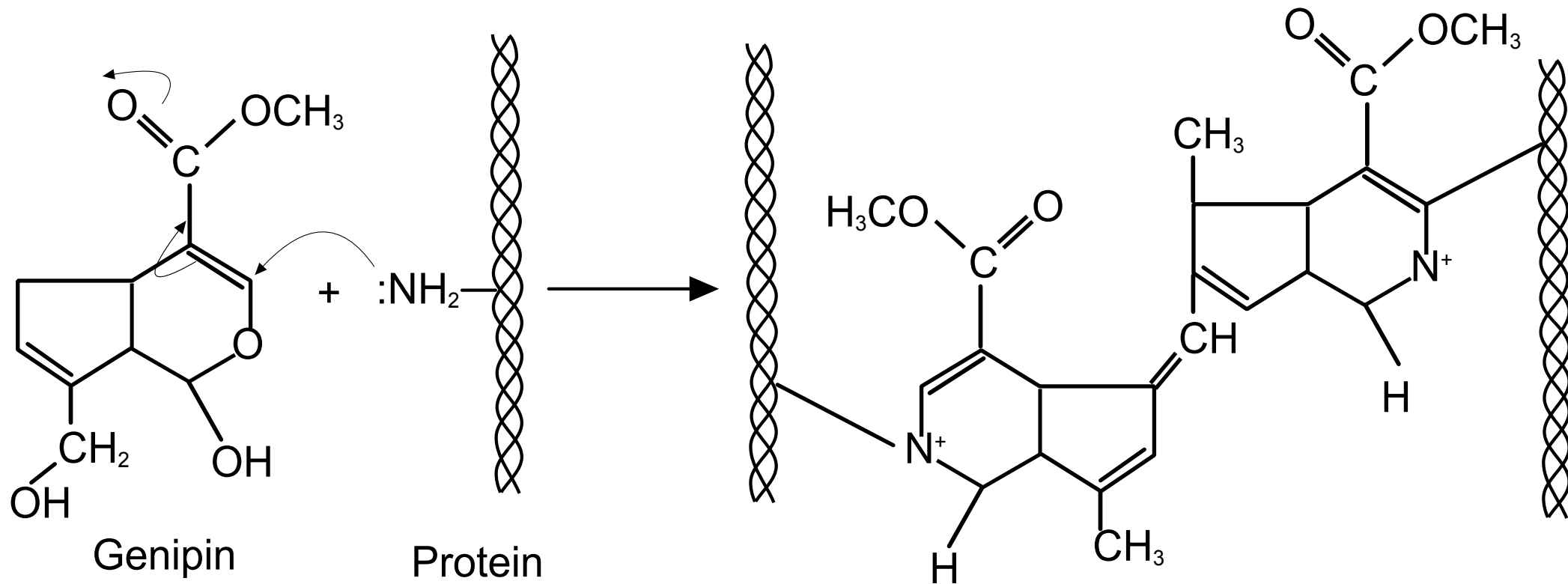


Figure 13

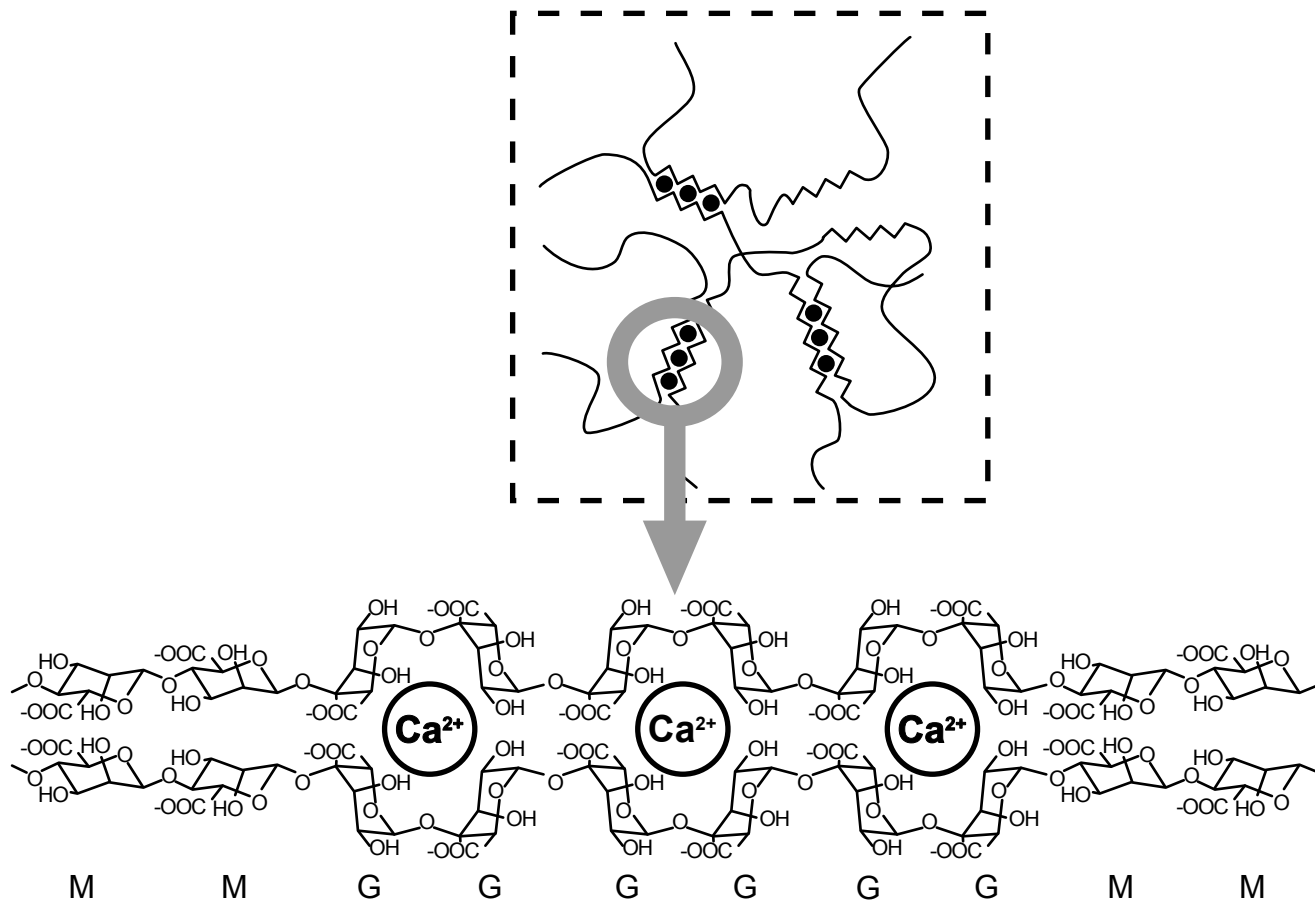
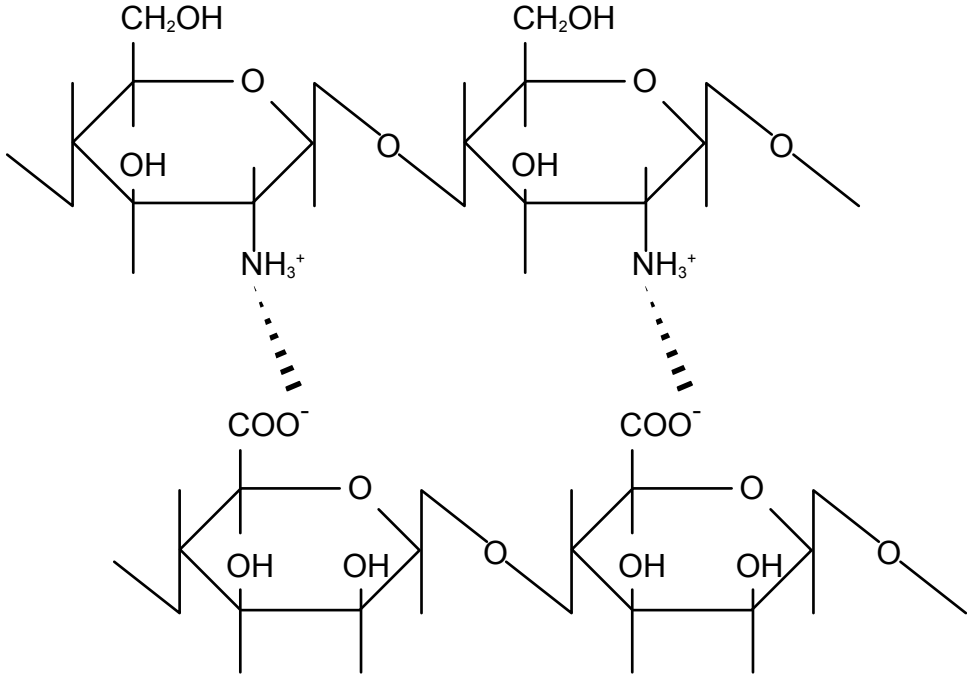


Figure 14



Polysaccharide and protein films have been studied because of their biodegradability. > However, they have poor properties when compared to petroleum-derived polymers. > Crosslinking enhances film performance, notably water resistance. > Crosslinking mechanisms used for protein and polysaccharide films are reviewed. > The effects, applications and drawbacks of crosslinking agents are summarized.